Career Interest Explorer

Step 1: Read each paragraph and place a check beside any of the questions that you answer yes to.

] R

Some people like to work with machines, and use their hands. Their skills often include having mechanical know-how, strength to work outdoors, and the ability to operate machinery. They often love nature and are good problem solvers. They like working with **things and tools.**

- _____ Do you like to work outdoors?
- _____ Do you like to work on machinery/equipment?
- _____ Do you have mechanical abilities?
- _____ Are you skilled in carpentry or building things?
- _____ Are you a realistic person?

Some people like to sing, dance, or write and prefer an unstructured work environment. They have skills in music, art, and/or communication. They value artistic qualities and like working with **ideas**.

- _____ Do you like music, drama, or art classes?
- _____ Do you like writing stories or poems?
- ____ Can you play a musical instrument?
- _____ Are you a talented actor?
- _____ Are you a creative person?

Some people like to explore ideas and look at information. They have skills in math and science. These people ask many questions. They usually like working with **information and ideas.**

- _____ Do you like math and science classes?
- _____ Do you like to solve technical problems?
- _____ Do you have an interest in medicine?
- _____ Are you good with computers?
- _____ Are you curious by nature?

Some people enjoy helping others and the community. They have skills in teaching, counseling, and getting along with others, and are sensitive to others' needs. They are cheerful, social, and enjoy learning with others. They like working with **people.**

- _____ Do you like to teach children or adults?
- _____ Do you like to help others solve problems?
- _____ Do you like to care for sick people?
- _____ Are you interested in volunteering and community service?
- _____Are you an understanding and sympathetic person?

E

Some people like to persuade and influence others in areas of business or politics. They think of themselves as well-liked, self-confident, and social. They are good at public speaking and leadership. These people like working with **people and information**.

- ____ Do you like competitive events or challenges?
- _____ Do you like to influence others?
- _____ Do you have the ability to sell products?
- ____ Do you motivate others?
- _____ Do you finish what you start?

] c

Some people like to be organized. They are often skilled in mathematics and computers. They like to follow instructions. They like working with **information**.

- _____ Do you like working with numbers or information?
- _____ Do you like working with computers?
- _____ Are you accurate with numbers and information?
- _____ Do you like to keep track of your money and spending?
- _____ Are you good with details?

College Foundation of North Carolina

Step 2: For each section above, count the number of checks in each area and write the number in the box beside the letter.

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Step 3: Circle the letter with the highest number of checks. If you have a tie between several, consider which paragraph better describes you and mark it your first choice. After you find your top area, circle your second and third highest areas.

Step 4: Take a look below at the sample list of careers within your top three personality descriptions. Mark any that you find interesting.

R Realistic

Architect Firefighter Chef Mechanic Carpenter Zoo Keeper Police Officer Machinist Truck Driver Plumber Occupational Therapist Athlete



Fashion/Interior Designer Reporter Musician Graphic Designer Film Editor Actor Editor Movie/Camera Operator Floral Designer Author/Writer Photographer

1 Investigative

Conservation Scientist Financial Analyst Microbiologist Physician Pharmacist Chemist Biomedical Engineer Food Scientist Veterinarian Forensic Scientist Historian

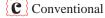
S Social

Nurse Social Worker Physical Therapist Dental Hygienist Rehabilitation Counselor Aerobics Instructor Security Guard Teacher Paramedic Athletic Trainer Nutritionist Speech Therapist



E Enterprising

Coach Farm Manager Real Estate Sales Agent Financial Manager Politician Sales Manager Lawyer Marketing Manager Construction Manager Computer Systems Manager Cosmetologist



Auditor Pilot Air Traffic Controller Legal Secretary Banker Cashier Real Estate Appraiser Librarian Medical Records Technician Receptionist Umpire/Referee

The careers listed above are only a few of the thousands of career options you can choose. As you explore careers further, ask yourself questions about your...

Abilities -- What are you good at? **Interests --** What do you like to do ?

Values -- What is important to you? **Outlook --** What careers will be in demand?

Learn more about yourself – check out additional career inventories profiles, interviews, videos, and blogs at CFNC.org. It's easy, free, and fun!!